



'Person over player, always.'

What does this mean, and what does it look like?

One key word we use a lot when talking about great people and great players is **R.E.S.P.E.C.T**

Below are a few ways we can show respect for our peers, opponents, coaches, parents and the amazing sport of tennis:

- **Respect** everyone:
coaches, opponents, friends. Treat people the way you would like to be treated. No swearing or cursing on or around the tennis courts.
- **Equipment** should be respected as well: cones, targets, racquets and balls. It's not their fault you made a mistake so don't take it out on them. No hitting balls out of the court and no smashing or throwing racquets.
- **Starting** on time is very important. Ideally, arriving 5-10 minutes before your session will make a big difference.
- **Phones** shouldn't be used during your tennis sessions.
- **Effort** and attitude may be the only two things you can really control on the court. Winning and losing is often out of our control. If you're tired and can't give 100%, just do the best you can on the day and let your coaches know why you can't give 100% that day.
- **Club/Coach** rules need to be followed. I know sometimes it's fun to break the rules but we need to remember that these rules are in place to keep everyone safe and to make sure everyone has fun playing tennis. Please follow the Club as well as your coach's rules when you're on court.
- **Tennis** is your choice. What coaches and parents love to see more than anything else is passion. A real love of the game and a curiosity to learn and improve. Ask questions. Be involved. Get out there and express yourself on the court. This is what tennis is all about.

We do not like to punish players, but at the same time we do expect every junior to abide by these guidelines of **RESPECT**. To ensure everyone is on the same page, **the following actions will be taken** for players not abiding by these guidelines:

- **1st time:** Coach will speak to the player
- **2nd time:** An email will be sent to parents and the Sports & Rec Manager of the club
- **3rd time:** Suspension of one class (still charged)
- **4th time:** Suspension from representing club teams for a season and/or suspension of one month of classes (still charged)